Pure origins.

PERUN

True flavor.

Sharing purity with the world.

BG-BIO-21





PERUN

As Nature Intended

Established in 2016, we are a Bulgarian company
dedicated to producing and delivering
**high-quality organic foods with integrity, care,
and a deep respect for nature.**





About Spelt

One of the world’s oldest grains, known for its gentle taste and natural nutritional power.

We grow and process it sustainably, preserving every bit of its wholesome goodness – no additives, no shortcuts.

A simple, honest product that brings you the pure energy of the earth in every bite.

Rich in fiber, vitamins and minerals.
GMO-free.



Organic Spelt Pasta

Crafted from 100% organic spelt. Naturally high in fiber, rich in flavor, and gentle on digestion. Spelt is an ancient grain prized for being rich in fiber and easier to digest than modern wheat – making it a wholesome choice for everyday meals.





℮ 400 g

Organic Spelt Fusilli

– an ancient grains
– perfected for taste



℮ 400 g

Organic Wholegrain Spelt Fusilli

– high in fiber
– perfected for taste



℮ 400 g

Organic Spelt Penne Rigate

– an ancient grains
– perfected for taste



℮ 200 g

Organic Spelt Yufka

– authentic cooking
– rich in fiber
– baked not fried



℮ 400 g

Organic Wholegrain Spelt Penne

– high in fiber
– perfected for taste



℮ 400 g

Organic Spelt Couscous

– high in fiber
– quick cooking
– perfected for taste

BIO certified by the EU and made following highest standards of natural production



Children‘s Joy

At the heart of every breadstick is a simple idea:
honest ingredients, simply made.
Our organic spelt flakes – healthy play for
sustainable growth.



℮ 50 g

Organic Spelt Breadsticks

– baked not fried
– kid-friendly
– high fiber



℮ 400 g

Organic Spelt Pasta Alphabets

– high in fiber
– quick cooking
– perfected for taste



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Legumes

Grown with care on certified organic farms, these beans are packed with proteins, fibers, and essential nutrients. Grown in rich, healthy soil using organic farming methods – no pesticides or GMOs, just nature doing what it does best.

Simple ingredients. Pure goodness.

No additives, no shortcuts — just the way nature intended.



e 400 g

Organic Green Peas

– legume for every meal
– high in fiber



e 400 g

Organic Lentils

– plant protein
– nutrient rich



e 400 g

Organic Beans

– high in fiber
– naturally low fat
– plant protein

HALAL

GMO free

BIO certified by the EU and made following highest standards of natural production

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Other Organic Products

Grown with care on certified organic farms, these beans are packed with proteins, fibers, and essential nutrients. Grown in rich, healthy soil using organic farming methods – no pesticides or GMOs, just nature doing what it does best.



℮ 400 g

Organic Bulgur

– medium size
– culinary versatility
– health focused



℮ 400 g

Organic Millet

– ancient grain
– culinary versatility
– plant protein



℮ 400 g

Organic Polenta

– made from 100% organic corn
– clean, authentic, and deliciously golden



℮ 250 g

Organic Spelt Flakes

– ancient grain ,modern nutrition
– packed with natural fiber and minerals



℮ 1 kg

Organic Spelt Flour

– High in Fiber
– Plant-Based Protein

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Organic Sunflower Oil

Our Organic Refined Sunflower Oil is crafted from high-quality, organically grown sunflower seeds. Certified organic, naturally smooth, and always kitchen-ready.



℮ 500 ml

Organic Sunflower Oil

– rafined
– for cooking and cold consumption



℮ 500 ml

Organic Sunflower Oil

– rafined
– high oleic
– rich in Omega 9
– for cooking and cold consumption



℮ 500 ml

Organic Sunflower Oil

– cold pressed
– 100% sunflower seeds



℮ 3 L

Organic Sunflower Oil

– rafined for cooking



℮ 3 L

Organic Sunflower Oil

– rafined for cooking
– omega 9 high oleic acid

BIO certified by the EU and made following highest standards of natural production


PERUN

Natural & Wholesome

Rooted in the rich agricultural heritage of Bulgaria, our journey began with a simple idea: to share the purity of our land with the world. From our fertile fields to your table, every product we offer is grown, harvested, and processed with strict adherence to organic standards – free from synthetic chemicals, GMOs, and shortcuts.

Private labels

You need healthy products for your private brand?

Let us help you achieve your goals and satisfy your clients with healthy and delicious food.



Eco & Sustainable

Our mission is to provide clean, honest food that supports healthy living and sustainable farming. We believe real food comes from real soil, and our farmers work in harmony with the environment to protect biodiversity, preserve traditions, and nourish future generations.

We specialize in organic grains, cereals, and oils – including organic bulgur, sunflower oil, lentils, spelt flour, and more – supplying international markets with products they can trust.

PERUN

Quality

As we grow, we remain committed to transparency, quality, and long-term partnerships. Whether you're a retailer, wholesaler, or conscious consumer, we are here to offer you the taste of true Bulgarian organics. Certified as a european producer and meet the strongest rules of food growth.

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SLAUGHTERED ACCORDING TO ISLAMIC LAW
حلال
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GMO free

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